The recent report from the Pew Research Center has described that, nearly seven-in-ten Catholics (69%) don’t believe in the core teaching of our faith. They believe that during Mass, the bread and wine which are used “are only symbols of the Body and Blood of Jesus Christ.” Just one-third of U.S. Catholics (31%) say they believe that “during Catholic Mass, the bread and wine actually become the Body and Blood of Jesus.” Transubstantiation is a word that we never hear much and certainly not during my childhood of the 80’s. This means that during Holy Mass, the bread and wine at the moment of Consecration, totally and fully, become the Body and Blood of Jesus Christ. This is the central teaching of what our Catholic faith is all about. The Church teaches that “the Eucharist is the source and summit of the Christian life”.

The unleavened bread and wine become the actual Body and Blood of our Saviour, Jesus Christ, the same Jesus who was born and died, His body was Resurrected. It is more than just a symbolic meal, it is an actual partaking in the real presence of Jesus Christ. In the Mass, Jesus becomes fully present to us. It is more than dead flesh. He is alive! This is his Body, Blood, Soul and Divinity. We actually consume the real presence of Jesus Christ and invite Him to unite us more fully to Him. A reverent Communion is more than just receiving Him well, which we seek, but it’s also about preparing for Him well. That means confession, prayer, entering the church well, making the Sign of the Cross with Holy Water before entering this sacred place, genuflection, kneeling in prayer, bringing our needs to the Lord and silence before Mass, teaching your children and inspire your neighbour to join with you in the great part of our week. This is the Holy Sacrifice of the Mass.

In receiving Holy Communion, it does not actually appear to be any different than it was before its consecration. In fact, there is no physical evidence that a change has occurred at all. Eucharistic Miracles do not assert our understanding, but only add as we already believe this. So what gives? How can it be Jesus when it looks and tastes like bread and wine? The word the Church uses to help us understand is “transubstantiation”.

When we encounter the Host, we encounter Christ. When we receive it, we receive Him. The form of the bread and wine may not have changed, but the substance, the “what it is” has. Yes, that is a little confusing. But so many things are, and yet it truly is Him. We need to be reminded, renewed, to ask Jesus to supply the graces needed to see Him where our senses may fail to do so.

"Night and day Jesus awaits us...Like a most tender mother,
He opens His arms to us… He is there to draw us to Himself and lead us to paradise.
Let us go visit Jesus often." Quote from St Don Bosco
Please continue your prayers for Fr Gerard’s return to full health. Also, please keep in your prayers; Fr Laurence Quin-Morris, Fr Martin Jakubas and Canon Brendan McCarthy, previous Parish Priests of St Hughes’ Knaphill, who are also in need of our prayers.

Please remember to pray for Timmy Young, who will be undergoing a serious operation on Monday the 26th of August. **This Sunday at 6.00pm**, the eve of Timmy’s operation, all are invited to come together to recite the Holy Rosary for the success of his operation and speedy recovery.

Please pray for the repose of the soul of Julia Ann Cross. May she rest in peace

### Parish Office Restructure
The Parish Office will be manned by members of the Parish Finance Committee. The temporary schedule is: Monday, Tuesday and Thursday 10.30am - 12.30pm. If you wish to contact us at any time, please use this temporary email: sthughoflincoln.office@gmail.com

In case of emergency, please contact St Dunstan’s Parish on 01483 760652.

It is our intention to maintain these arrangements over the summer, during which time the new Office Manager post will be advertised.

We are still looking for an occasional cook for our term-time Thursdays pensioners' Parish Lunch Club. Please ring Audrey Moss on 01276-857516.

The Bethlehem Nativity Group, who visited our Parish last weekend to sell Olive Wood religious carvings from the Holy Land, would love to express their huge thanks for everyone who supported their good cause, the result of which was very beneficial and rewarding for their needy Christian families; £2362.00 was raised. They don't have enough words to thank you with, but will make sure that you are always in their prayers. If you missed or want anything, please visit their website: www.tbng.co.uk. God bless.

You are warmly invited to the first episode of 'Catholicism, a journey to the heart of the faith', by Bishop Robert Barron, presented by Fr John Seddon OSB, **on Saturday 7th September 2019**, at St Augustine’s Abbey, Sample Oak Lane, Chilworth. GU4 8QR. The first film is entitled 'Amazed and Afraid: the Revelation of God become Man'. The day begins with Mass at 9.00 am followed by coffee, midday prayer, lunch and ends at 4 pm. Bring a packed lunch. Tea and coffee is provided. Please visit chilworthbenedictines.com for further information.

**Anniversaries Mass 2019:** Saturday 12th October, Arundel Cathedral, with Bishop Richard for couples celebrating a landmark or significant anniversary. **Booking essential.** For an invitation please contact Rosie Read at rosie.read@abdiocese.org.uk or 01293 651161.
**First Holy Communion Programme 2019/2020**

Registration for the 2019/2020 First Holy Communion Programme is now open. Further information and the registration forms are available on the parish website under the “Children” tab, or in hard copy in the narthex. For further information please contact Hilton Leslie on 07900 246719 or you can email him at sthugh.fhc@gmail.com.”

**Worth Abbey Retreats**

Silent Retreat: 16th - 19th September; Individual self-led retreat: 22nd - 24th October

For further information or to book your place, contact the Bookings Secretary, Worth Abbey Retreats on 01342 710318 or email: toc@worth.org.uk

**Are you, or is someone you know, interested in the Catholic faith?**

If so, you are invited to join the RCIA (Rite of Christian Initiation of Adults) Group which will be starting in September. To register your interest, please contact the Parish Office via email: sthughoflincoln.office@gmail.com. Dates and details to follow.

**Woking Foodbank Collection on 31st August/1st September:**

There will be a collection point in the Narthex over this weekend. Supplies are running quite low during the summer months and all donations of non-perishable foodstuff and toiletries (not toothbrushes) will be very much appreciated. However they do have plenty of baked beans, canned peas, soups & jams. Thank you.

**Jackpot Club Winners** for the month of July are Nicola Olivier and Anna Stracey; they have won £53 and £26 respectively! If you would like to join the Club at £12 per annum, please contact am.rushton@btopenworld.com.

**Going into Hospital**

If you or someone you know is going into Hospital please let the Parish Office know as soon as possible. Once you are in Hospital you will need to let the Hospital Chaplaincy know either by e-mail (preferable) or by telephoning or texting them direct. You will need to be very clear if you want

- **a) anointing by a Priest**;
- **b) Holy Communion**;
- **c) a visit**.

The Contact details of the Chaplains are available on the Hospital websites.

**Parish Safeguarding Contact:** Mobile - 07914030250

Email - sthugh.safeguarding@virginmedia.com

**Dates for your Diary:**

- **Stewardship Sunday** will be held in the hall after all Masses over the weekend of 21st/22nd September. Details shortly.
- **Care Mass** at St Dunstan’s on Sunday 13th October at 3.00pm.
Sunday 25th August - Twenty First Sunday in Ordinary Time - Readings
1st Reading: Isaiah 66:18-21 Psalm: 116
Psalm Response: Go out to the whole world; proclaim the Good News.

LITURGY TIMES & MASS INTENTIONS

Twenty First Sunday in Ordinary Time - 25th August 2019
Sat 24 6.30pm Vigil Mass Jen & Bob Catt RIP
Sun 25 9.30am Morning Mass In Thanksgiving for the Gilbert family
Sun 25 11.30am Morning Mass For the People of the Parish
Weekday Mass at St Dunstan’s at 10am on Monday 26th to Friday 30th August

Twenty Second Sunday in Ordinary Time - 1st September 2019
Sat 31 6.30pm Vigil Mass Intentions of Catherine & Tina Russell
Sun 1 9.30am Morning Mass Tom Birtles RIP
Sun 1 11.30am Morning Mass For the People of the Parish
Weekday Mass at St Dunstan’s at 10am on Monday 2nd to Friday 6th September
Mon 2 1.00pm Requiem Mass Mrs. Kathleen Patricia Hearn

Sacrament of Reconciliation: 5.45pm - 6.10pm on Saturdays

Offertory Collection (cash & standing orders) for week ending 11th and 18th August are £1,126.34 and £1,057.15 respectively. Many thanks.

Immaculate Heart of Mary, my Mother, I come to you as your child. I desire with all my heart that all the people of the world may be brought back to the knowledge and love of your dear Son. I pray, dear Mother of my God, that the wonderful beauty and purity of your own Immaculate Heart may so win our souls that we may detest all sin and dedicate our lives to the honour and glory of the God who created us. You revealed at Fatima the secrets of your own sad heart and begged for penance, prayer, and conversion of the world. What more can I do than unite my heart to yours in this great yearning? What can I add but my fervent prayer that all the world may listen to your call? I give my heart to you, my heavenly Queen, and in confidence I leave to you what is best for me in answer to my prayer for love and reparation.

Immaculate Heart of the Mother of my God, I implore through your powerful intercession, for the conversion of the hearts, the complete victory over sin, and the return of the peace which you have promised.

Through your Son Jesus Christ our Lord. Amen.