Fr Gerard writes on Lent:
Lent is a forty-day Penitential Season spent in preparation for the highest holy days of our Christian faith, the Triduum: Holy Thursday, Good Friday, and Easter. Over the centuries many symbols have evolved that represent key spiritual aspects of this Holy Season.

**Ashes:** In the Old Testament ashes represent death and sorrow for sins. Ashes and dust are synonymous. Our bodies are made of dust (Gen 2:7), and upon death they return to “dust and ashes” (Gen 18:17). Ashes serve as a stark reminder of human mortality which is a compelling reason to do penance. In biblical times, once people admitted their sins they covered themselves with sackcloth and ashes (Jer 6:26; 25:34; Dan 9:3; Jonah 3:6,10) as a public admission of guilt, a plea for God’s mercy, a promise to reform, and a pledge to resist future temptation. The ashes used on Ash Wednesday come from the burning of palms from previous Palm Sundays; the residue is crushed into a fine powder, and then applied to the forehead in the Sign of the Cross with one of two statements: “Repent and believe in the gospel” (Mk 1:15) or “Remember you are dust and unto dust you will return” (Gen 3:19).

**Violet:** Violet is the liturgical colour for the Season of Lent. It is also the colour of the stole worn by the priest for the Sacrament of Reconciliation. Violet is a sombre colour which symbolizes mourning, suffering, humility, regret, and the willingness to do penance, particularly fasting. Violet’s association with suffering is based upon Jesus’ Passion when the soldiers clothed him in a purple cloak and tortured him (Mk 15:17-20; Jn 19:2-3).

**Fish:** A fish is a Lenten symbol for the obligation to fast on Ash Wednesday and Good Friday, and to abstain from all flesh meat on every Friday in Lent. ‘Meatless Fridays’ are encouraged throughout the year.

**Statues and Cross Veils:** The theological significance of the veils offer an outward and visible reminder of the penitential nature of the season. The veils obscure from our vision the beautiful and holy images that form our worship life, and in so doing remind us that our sinful nature has obscured our vision of God’s Truth. The veils are one of many ways we are invited during Lent to embrace a penitential disposition which engages our sinfulness and renews our vision of that which is good and holy. Easter arrives and the veils are taken away, and we are blessed with the unveiled splendour of Resurrection glory, as it is revealed in the images of faith that surround us. The removal of veils at Easter serves to remind us of where our Lenten disciplines have sought to bring us: to a place of renewal, refreshment, hope, and a clearer vision of the Kingdom of Heaven.
**FR GERARD UPDATE**
Fr Gerard was discharged from hospital last week and is now recuperating at his parents’ home. The daily intravenous antibiotic treatments continue and he is making pleasing progress. With the assistance of Fr Dominic O’Hara who is currently taking care of the parish’s spiritual needs, Fr Gerard celebrated the 8pm Mass on Ash Wednesday, and, together with the assistance of Fr Dominic, is looking forward to celebrating the Easter Triduum at St Hugh’s.

We continue to pray for his complete recovery. Deo gratias.

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**The Voluntary Retiring Collection Next Sunday is for CAFOD Lenten Fast Day**

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**PARISH ACTIVITIES DURING LENT 2019**

<table>
<thead>
<tr>
<th>Days</th>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuesdays</td>
<td>6.30am</td>
<td>Morning Prayer &amp; Adoration followed by continental breakfast</td>
</tr>
<tr>
<td></td>
<td>(morning)</td>
<td>10.45am CaFE DVD Course: ‘How Mary Helps Us to be Filled With God’</td>
</tr>
<tr>
<td></td>
<td>(repeat)</td>
<td>8.00pm CaFE DVD Course: ‘How Mary Helps Us to be Filled With God’</td>
</tr>
<tr>
<td>Fridays</td>
<td>7.30pm</td>
<td>Stations of the Cross every Friday in Lent except 29th March</td>
</tr>
<tr>
<td>Mon 25th March</td>
<td></td>
<td>Solemnity of the Annunciation: Evening Mass with Fr Dominic followed by a Bring and Share celebration in the Hall. <strong>No Lenten discipline today!</strong></td>
</tr>
<tr>
<td>Fri 29th March</td>
<td></td>
<td><strong>24 Hours For the Lord</strong> from 6.00pm on Friday 29th March to 6.00pm on Saturday 30th March. Please sign up for an hour before the Lord. We need a minimum of two people per hour. Sheets available in the Narthex.</td>
</tr>
<tr>
<td>Sun 31st March</td>
<td></td>
<td>‘Laetare’ Sunday - the 4th Sunday in Lent when the vestments are Rose. Wear something pink to Mass!</td>
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**‘Let It Be Done Unto Me’ CaFE DVD Course during LENT**
This ‘CaFE’ Reflection Course, with the theme ‘How Mary Helps Us To Be Filled With God’, will be run in the Hall on **five Tuesdays during Lent starting on 12th March at 10.45am and repeated at 8.00pm for those who prefer evenings.** The course will look at who Mary is, her role in the Church, and how she points the way to Jesus. As each participant will require a course book please indicate your interest and preference for morning or evening on the sign-up sheet in the Narthex where you’ll find more details, or contact Roger (01483 481944, rogandmad.furnell@btinternet.com ).

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**Help during Lent** : Thank you to everyone for ensuring that all the planned Parish Lenten activities continue seamlessly. Fr Gerard is delighted with the supportive response.

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**St Hugh’s Baby & Toddler Group**
Fridays at 10am in the Parish Hall. Toys, craft and snack provided. Only £1 per child.

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**Student Cross: Celebrate Easter differently.**
Student Cross is a pilgrimage taking place in Holy Week, aimed mainly at students but inclusive of all ages. 11 different groups (Legs) set off from different UK locations, walking 120 miles in 7 days, carrying a life-sized wooden cross. Walkers are provided with food and shelter by people and parishes, with all the groups meeting and celebrating Easter at Walsingham. More than 250 pilgrims of all ages join. The Kettering leg is looking for new walkers. If you are interested in finding out more, we would love to hear from you. Contact David Rich at davidrich565@gmail.com You can also visit www.studentcross.org.uk for more information.
Please pray for the repose of Mary Hirth RIP and Doug Robbins RIP. Eternal rest grant unto them O Lord. May they rest in peace.

**Prayers and Help for the Sick and the Housebound:** We offer our prayers for all the sick and the housebound. Additionally, many people are in desperate need of food, clothing and shelter. Please remember in your prayers all these people, and assist by your generous contributions to all our Parish charity events throughout the year.

**This Easter weekend**, there will be a retreat for young adults at Worth Abbey Benedictine Monastery, celebrating the **Passion and Resurrection of Our Lord Jesus Christ**. The monastic community at Worth Abbey and the members of The Wellspring Community invite you to join us for this great Feast! To Book, please contact The Open Cloister at Worth Abbey (TOC@worthabbey.net) for a booking form. If you have any questions, do drop us an email youngadults@wellspringbrighton.org.uk. We look forward to seeing you there!

**St Hugh’s Quiz Night in the Church Hall Saturday 23rd March.** Doors open at 7.30pm for 8.00pm start. Tickets are £10 to include fish and chip supper (either cod, jumbo sausage or veggie burger) or £5 with no food. BYO alcohol, but there will be a limited bar (corkage donation appreciated). For tickets contact FriendsOfStHughesPTA@gmail.com

**Catholic Certificate in Religious Studies Course coming to the Diocese**

In support of Bishop Richard’s Pastoral Plan, the Diocese is planning the launch of a CCRS course, starting in **September 2019**. The Catholic Certificate in Religious Studies aims to provide an introduction to Catholic theology and give an understanding of the central truths of our Faith. It will be open to teachers working in Catholic schools, Catechists, people involved in pastoral and liturgical work. Full details can be found at [http://www.brscgars.org.uk/index.php](http://www.brscgars.org.uk/index.php) For more information please contact Jon Harman, Adviser for Formation and Spirituality, at the St Philip Howard Centre: 01293 651157 or email jon.harman@dabnet.org

**PARISH PROJECT**

At the beginning of the year we asked for nominations for our Parish Project and received the following:

- **Home Project**: Woking Mind and Woking Hospice, York Road Project.
- **Overseas Project**: Ahotokurom Padre Pio Rehabilitation Centre, Ghana and Aid to the Church in Need.

Over the coming weeks, we will have a short talk at the end of Mass as follows:

- **Woking Mind**: Saturday 16th March at 6.30pm Mass
- **York Road Project**: Sunday 17th March at 9.30am and 11.30am
- **Ahotokurom**: Sunday 24th March at 6.30pm, 9.30am and 11.30am

The Parish will then be invited to vote on their preference.

**St Patrick Night’s Dance on Saturday 16th March 2019** at Old Woking Club, Westfield Road, Westfield, Woking GU22 9NG organised by the Woking Irish Association. Music by Frank Nelson, on tour from County Roscommon, Ireland. Admission only £10 which includes buffet supper. For more info. call Jerry on 07754 435964

**Sacristy Items:** Donations are being received for the various sacramental items which need replacing. These items give glory to God and help us to worship, and about £3,000 is needed for them. If you would like to donate money for these projects in Memory of a loved one, or in Thanksgiving for favours received, or just because you care, your donation will be gratefully received.
**ONE THOUSAND ROSARIES for Fr GERARD**

Our target of a One Thousand Rosaries’ Bouquet for Fr Gerard’s recovery, wellbeing, and return to complete health has been achieved - heartfelt thanks for all these prayers which are greatly appreciated and need to be sustained as Fr Gerard recuperates.

Please continue praying and recording each complete Rosary prayed. Rosaries recorded on the Parish Facebook page will be recorded in the Book by the Parish Secretary.

On the pages at the back of the Book please write your personal messages to Fr Gerard. So far we have prayed 1030 Rosaries for Fr Gerard’s return to complete health.

Our aim now is to fill the Book from cover to cover with prayed Rosaries and messages to be presented to his family, together with the card which has been made.

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**IMPORTANT DATES**

- **Tue 12 Mar** Morning Prayer at 6.30am followed by continental breakfast
- **Tue 12 Mar** Lenten preparation - CaFE Reflection course in the Parish Hall at 10.45am & 8pm
- **Thu 14 Mar** RCIA meeting in the Parish Hall at 8pm
- **Fri 15 Mar** Lenten day of Fast and Abstinence. Stations of the Cross at 7.30pm
- **Sun 17 Mar** ‘Transfiguration’ Sunday of Lent
- **Tue 19 Mar** St Joseph, Spouse of the Blessed Virgin Mary - Solemnity: No Lenten discipline today
- **Mon 25 Mar** Annunciation of the Lord - Solemnity: No Lenten discipline today

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**MASS TIMES AND INTENTIONS**

**First Sunday of Lent - Sunday 10th March 2019**

- **Sat 9 6.30pm** Vigil Mass
- **Sun 10 9.30am** Morning Mass
- **Sun 10 11.30am** Morning Mass
- **Mon 11 10am** Morning Prayer & Rosary
- **Tue 12 10am** Morning Prayer & Rosary
- **Wed 13 10am** No Mass at St Dunstan’s today
- **Fri 15 10.30am** Requiem Mass for Doug Robbins (Intention moved to Sun. 5th May 9.30am)
- **Sat 16 10am** No Mass

**Second ‘Transfiguration’ Sunday of Lent - Sunday 17th March 2019**

- **Sat 16 6.30pm** Vigil Mass
- **Sun 17 9.30am** Morning Mass
- **Sun 17 11.30am** Morning Mass
- **Mon 18 10am** Morning Prayer & Rosary

**Sacrament of Reconciliation** 5.45pm - 6.10pm on Saturdays

**Vespers and Adoration** - 6pm Sunday recommencing this week 10th March 2019

Offertory Collection (cash & standing orders) last weekend: £1,409.39 Many thanks.

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**THE MEMORARE**

“Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession was left unaided.

Inspired by this confidence, we fly unto thee, O Virgin of virgins, our Mother; to thee do we come, before thee we stand, sinful and sorrowful.

O Mother of the Word Incarnate, despise not our petitions, but in thy mercy, hear and answer us. Amen.”

*Our Lady of Lourdes… pray for us. Saint Bernadette… pray for us.*